



The Lover

Your Full Report

Hey, Lover

You, Lover, have such a lust for life. You're in love with the world around you and the dreams of what it could be. You are so in touch with your body and know how to move it in a way that feels most sensual and alive. If there's something that you won't allow into your life, it's anything that is less than you deserve; your experiences have taught you not to settle and to be open to receiving the fruits of your labour. One of your favourite pastimes is going to meet new people at events or wellness classes, as you are so intrigued by the thousands of stories you could come across just by asking people how their day is. It excites you to hear something new that you've never heard before, whether it be a cool hangout spot, a movement or mindfulness practice, or a leading expert in a topic you want to learn more about – the expansiveness is a turn on.

In Life...

Because of how in touch with your sensuality you are, you can sometimes use this to the detriment of others, possibly using it to charm your way through certain situations instead of taking accountability. You flirt with life and as a result, may find yourself in the centre of unwanted drama because people mistake your warmth and openness with flirting or availability. You may struggle to handle rejection, as you are so used to being adored by everyone you meet.

In Your Career,

In your career, you light up any room you walk in with your vibrant energy and are often the person leading a presentation or managing a project because of your ability to passionately create a vision from an idea. Your coworkers can mistake this passionate display as overpowering, and you struggle to notice their grievances or push back, until it's too late. That said, you love to collaborate if an opportunity presents itself, mostly with people who hold similar energy to you.

In Your Relationships...

As The Lover, your sex and self-pleasure life is turned ON – pun intended. You learned from your early sexual years what it was that you liked, and had no problem expressing that to a partner or lovemate from the get-go. No partner? No problem, 'cause honey, you are activating so much pleasure to yourself, by your damn self, just fine. Your friends love that you are open to discussing sex and pleasure, and they feel safe enough to share any challenges they might be facing in the bedroom, with the knowledge that you'll hold space and offer valuable insight into how to spice up their sex life. You are confused when those closest to you express that your clothes are indecent or that your energy is "a lot", as you're just being yourself.

Finding Balance...

To activate the archetype of The Lover, curate a playlist with the songs that make you feel the most sensual and seductive. Create pleasurable moments throughout your day and your life. If unnecessary comments head your way about your body, your soul, or your way of being, make it an intention to spend more time being naked each day to remind yourself of the beautiful parts that make up your overall being. Evoke more of The Queen archetype by creating fierce boundaries, owning your NO, taking yourself out to dinner, and eating slowly and sensually, wearing lingerie that you treated to yourself that same day.

Connecting with The Lover

- ♥ The symbol that relates to The Lover archetype is a heart.
- The colour that relates to The Lover archetype is red.
- The words associated with The Lover archetype are: Sensual, Pleasure, Creative

Music to listen to when activating The Lover archetype:



Smoke & Mirrors
by TOKiMONSTA

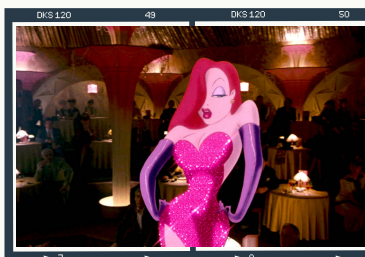


Stand Still
by Sabrina Claudio

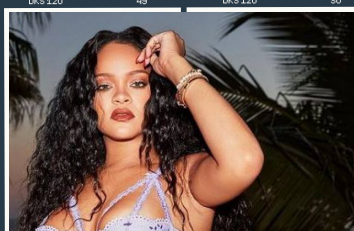


Earned It
by The Weeknd

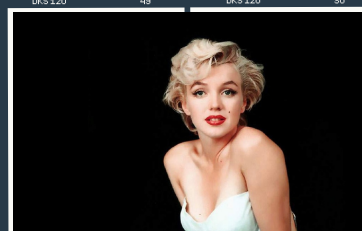
In modern culture, you will notice The Lover showing up in women and characters like:



Jessica Rabbit
from Who Framed
Roger Rabbit



Rihanna



Marilyn Monroe

The Lover mantra:

More important than others wanting and desiring me, is wanting and desiring myself.

Be sure to share that The Lover archetype is the most dominant in your life right now using the images attached in your result email, and tag @iammelwells so we can see! Remember – the archetypes that show up the most will change depending on where you're at in your life, so come back to this report in the future to see which you are embodying!